

POINT GROUP LEADER GUIDE WINTER WEEK #2

Feb 2, 2025 |

This guide is designed to give helpful hints in preparing & leading your group in discussion.

LEADER NOTES

🙏 PRAYER NOTE

Check out the **Tips on Group Prayer at the end of this Leader's Guide**. If you have new people in your group, please make sure you go over this. **And NEVER make someone pray. Group prayer is similar to public speaking, which is the #1 fear people have.** More than once, we've had people tell us they quit a Life Group because a well-intentioned person required everyone to pray.

📅 ATTENDANCE

Follow up with anyone who missed your group last week and let them know you would still love to have them in the group even if they have not returned your messages. Indicate whether or not you've not heard from them when you submit your attendance. If you have still not heard from them after this week's meeting, let us know and we'll drop them from your group. Submit your group's attendance online or send a list of your attendance to ttrinkle@pointharbor.com

UPCOMING EVENTS AND ANNOUNCEMENTS

Please read through these and make sure to mention them if they apply to your group.

Feb 8 – Serve Saturday

Serve Saturday is an excellent way for you and your family to get involved in serving our community. Join us in giving away thousands of pounds of food in Cradock, Portsmouth. Meet in Afton Square behind the Fire Station (32 Prospect Pkwy, Portsmouth, VA 23702) at 8:30 am.

Feb 10 – Women's Galentine's Day event

Join us for a heartwarming and faith-filled Galentine's Day celebration with our Women's Ministry! Embrace the love and joy of sisterhood as we come together to honor the special bonds that unite us. This event is a beautiful opportunity to cherish friendships that God has graciously woven into our lives. Expect an evening of laughter, inspiration, and connection as we delve into the Word of God and explore the depth of His love. Together, we'll celebrate the unique beauty and strength that each woman brings to our community.

Feb 15 – Coffee Chat (Women's Min)

Join the ladies of Point Harbor every month for coffee and conversation on a specified biblical topic! Enjoy the company of other woman as you learn together and grow yourself in the Lord! Meeting monthly every 3rd Saturday at 10am in Classroom C at Point Harbor.

Feb 16 – Next Gen Event

Prepare to explore the nooks and crannies of Point Harbor on our campus-wide scavenger hunt! We'll break into teams and take photos of all the items on your list. The first team to find everything wins a prize!

Food and childcare will be provided.

This event is for 18-35 year olds.

Feb 22 – Sat 6 PM service launch

God is Moving!

Join us in celebration as we begin to offer a 6pm Saturday Night Service! Invite EVERYONE!

Feb 23 –Father Daughter Dance (6-830PM Portsmouth Ambassadors Club)

Fathers, treat your daughters to a special night out at our Father Daughter Dance!

Sunday, February 23, we're hosting the dance at the Ambassador Club in Portsmouth. We'll have food, dancing, and fun!

Cost is \$45 for father and daughter and \$5 for each additional daughter.

Any additional information and signups are available on our website. If you have a member that needs more specific details. Please have them send an email to Pastor Tim ttrinkle@pointharbor.com

DISCUSSION/LEADER GUIDE

Warm Up - [Both of these have excellent opportunities for a laugh.](#) Be sure not to get stuck on this!

1. This week, we discussed how Jesus can help us with our relationships. That being said... What's the worst relationship advice you've heard or received?

2. What's the weirdest or funniest thing you've seen someone argue about in a relationship?

IN BETWEEN – Take prayer requests and pray over them as a group. This is a good chance to catch up on ongoing prayer and share answered prayer. This also allows prayer for personal requests to be separate from prayer for help in the area we are discussing this week. (See tips at the bottom of the document).

Know It

1. Read Romans 7:14-25. Do you relate to Paul when he says he does what he hates, not what he wants? Try putting Paul's words into your own.

Our flesh, or our sinful nature, doesn't evaporate into thin air the moment we accept Christ. Philippians 1:6 shows us that sanctification, or the process of becoming more like Christ, is something that takes time and is driven by God.

2. How have you seen the battle between flesh and Spirit play out in your relationships?

3. Why is it so impossible for us to kill our flesh by ourselves? Who can we look to for help?

We can't save ourselves. We can become more like Christ through obedience to God in things that God has placed or allowed in our lives (Daniel chapter 1-4, for example!). The Holy Spirit is referred to as a "Counselor". Going to God and asking him to fill us with his spirit is the only way that we can "kill our flesh."

Share It

1. Look at the "works of the flesh" (Galatians 5:19-21). Which of these creates the biggest struggles in your relationships?

2. Now, look at the fruit of the Spirit (Galatians 5:22-23). Which of these do you need more of in your relationships?

3. Why do you think walking in the flesh leads to broken relationships while walking in the Spirit leads to stronger ones?

Living how God has called us to live will always lead to a better result. He made us, He designed us, He knows how we work. When we step outside of God's design, we will ALWAYS hurt ourselves, or someone else, and often both!

Live It

1. What practical steps can you take this week to be more Spirit-led in your relationships?

2. How does daily surrendering to the Holy Spirit change how you respond to conflict?

3. Which relationship (spouse, child, in-law?) has the most opportunity for growth when it comes to "Walking in the Spirit"? How can your group pray for you this week as you seek the Holy Spirit in your interactions?

TIPS ON GROUP PRAYER

Prayer is an essential part of being in a Point Group. Over the years, we've all been a part of an awkward prayer circle! To avoid that, have a look at these tips.

WE PRAY FOR ONE TOPIC AT A TIME - *Anyone in the group is free to introduce a prayer request, either before prayer begins or during prayer time. Once a topic is introduced, the group focuses on that request alone. Once it's covered, the group moves on to the next topic.*

PRAY MORE THAN ONCE - *Because the group is focusing on one topic at a time, each person is encouraged to pray several times during the prayer time for those topics they feel most led to pray about. No one is required to pray.*

WE KEEP OUR PRAYERS SHORT AND SIMPLE - *Group prayer goes better when members keep their prayers short and to the point. When someone prays for a long time, it's hard for the other members to stay focused, and long prayers tend to intimidate those who are just learning to pray out loud in a group. No one is required to pray out loud.*