



# Point Groups

## DISCUSSION GUIDE

*These questions are here to help you and your group discuss the weekend teaching, strengthen relationships, and apply God's Word to our lives.*

February 2<sup>nd</sup> 2025

### Warm Up

1. This week, we discussed how Jesus can help us with our relationships. That being said... What's the **worst** relationship advice you've heard or received?
  
2. What's the weirdest or funniest thing you've seen someone argue about in a relationship?

### Know It

1. Read **Romans 7:14-25**. Do you relate to Paul when he says he does what he hates, not what he wants? Try putting Paul's words into your own.
  
2. How have you seen the battle between flesh and Spirit play out in your relationships?
  
3. Why is it so impossible for us to kill our flesh by ourselves? Who can we look to for help?

## Share It

1. Look at the “works of the flesh” (Galatians 5:19-21). Which of these creates the biggest struggles in your relationships?
2. Now, look at the fruit of the Spirit (Galatians 5:22-23). Which of these do you need more of in your relationships?
3. Why do you think walking in the flesh leads to broken relationships while walking in the Spirit leads to stronger ones?

## Live It

1. What practical steps can you take this week to be more Spirit-led in your relationships?
2. How does daily surrendering to the Holy Spirit change how you respond to conflict?
3. Which relationship (spouse, child, in-law?) has the most opportunity for growth when it comes to “Walking in the Spirit”? How can your group pray for you this week as you seek the Holy Spirit in your interactions?